

Resource Guide for Progeny Academy Families

Housing

Hennepin County: Services may include: emergency temporary shelter, housing costs like rent payments, damage deposits, home repairs and utility bills, foreclosure prevention, moving expenses and transportation to relocate, and extra food support for people on special diets. For details on programs, go to <https://www.hennepin.us/residents/human-services/emergency-assistance> or 612-596-1900.

Community Emergency Assistance Program (CEAP): Residents in suburban Hennepin County cities who have been financially harmed by COVID-19 may be eligible for emergency rental assistance. 763-450-3672 <https://www.ceap.org/>

HOME line provides free and low-cost legal, organizing, education and advocacy services so that tenants throughout Minnesota can solve their own rental housing problems. <https://homelinemn.org/> or (612) 728-5767. For Spanish, call (612) 255-8870 For Somali, call (612) 255-8860.

Food

Find a map of food shelves and free food programs in Hennepin County: hennepin.us/food-shelves

Clothing

CEAP LOW-COST THRIFT STORE: 6840 – 78th Avenue, N., Brooklyn Park, MN 55445, 763-566-9600. Thrift store has items for sale that are low-cost. Offers women's, men's, kid's clothing, baby accessories, linens, work attire and small housewares.

EAST SIDE TRIFT STORE: 1928 Central Avenue, NE, Minneapolis, MN 55418, 612-789-0600. General public may buy clothing, household items, blankets, work attire, etc.

ELIM CHURCH, THE UNLIMITED/KIDZ KLOZET: 685 13TH Ave. N.E. Minneapolis, MN 55413 612-789-3591. AREA SERVED: Northeast Minneapolis and surrounding communities; women and children clothing only. HOURS: 1st Thursday of the month from 9 a.m. – noon or by appointment. Open select hours in summer – call to check. VISITS ALLOWED: Once a month; 6 items per visit. ID: Picture ID of some sort. Must register the first time they come. **At end of August they may have back packs for kids. Check web site. <https://elimchurch.com/kidz-klozet/> ALSO HOPE AVENUE MINISTRY: Clothing closet for men Sunday 8 – 10 am. Also have breakfast, showers Sundays 6:30 – 10 am.

NORTH UNITED METHODIST CHURCH: 4350 Fremont Ave. N., Minneapolis 55412, 612-522-4497. HOURS: 1st& 2nd Sat. of each month 9 am - 12 noon; 1st Mon 6-8 pm. Or by appointment. Call 612-522-4497 for appointment.

OAK PARK NEIGHBORHOOD CENTER/PILLSBURY UNITED COMMUNITIES: 1701 Oak Park Avenue, N., Minneapolis, MN 55411, 612-377-7000. Provides clothing for adults and children.

SALVATION ARMY'S COATS FOR KIDS: <http://salvationarmynorth.org/community-pages/coats-for-kids-twin-cities/> Call the Coats for Kids Hotline at 651-746-3412 to find out which location serves your area.

Health

The Health Resource Center: Walk-in appointments are available every Tuesday and Thursday from 1-5 p.m. Brooklyn Center's Health Resource Center offers free and low-cost medical, dental, and mental health services to youth of Brooklyn Center Schools and community ages 0-19. 763-450-3385 ext 5100 or <https://www.bccs286.org/Page/1300>

Mental Health

The Family Partnership: School Linked Mental Health (SLMH) -- Our therapists provide high-quality mental health therapy for children up to age 21 where it is most accessible for students – at school. Our early diagnosis and intervention methods improve students' ability to learn, manage relationships with peers and adults and overcome trauma or behavioral issues.

<https://www.thefamilypartnership.org/services/mental-health-therapies/school-linked-mental-health/>

Associated Clinic of Psychology: Mental health services available through video and telephone sessions. 612-925-6033 or <https://acp-mn.com/>

Crisis Text Line: connect with a crisis counselor 24/7 for support. Connect to a crisis counselor: text HOME to 741741.

Financial Assistance

Community Action Partnership of Hennepin County: Energy assistance, vehicle repair assistance, housing stability assistance, homebuyer services, financial wellness help, employment readiness program, free tax assistance, help with childcare, and MNSure application assistance. <https://caphennepin.org/>

Seasonal Needs

Community Emergency Assistance Program (CEAP): Provides Birthday Bags for children, Toys of Joy Holiday Program and Back to School Backpacks and supplies. 763-450-3672 <https://www.ceap.org/>