



Progeny Lunch Menu

December 2024

*All menu items are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

W.G. Chicken Nugget 2 Baby Carrots Red Apple Sun Chips Milk Veg - cheese sandwich	WG Pizza Sticks x2 3 Marinara Sauce Fresh Broccoli Banana Slice of W.G. Bread Milk	Beef Hot Dog on a 4 W.G. Coney Bun Ketchup Mixed Green Salad with Italian Dressing Salad Topping Fresh Pear Milk Veg - pasta marinara	Cheese Burger on a 5 W.G. Bun Cowboy Beans W.G. Pasta Salad with Vegetables Fresh Orange Milk Veg - vegetable patty on a	Pizza 6 Sliced Cucumbers Red Grapes Milk
Sloppy Joe on a 9 W.G. Burger Bun Baby Carrots Red Apple Sun Chips Milk Veg - vegetable patty on a w.g. bun	Spaghetti with Meat Sauce 10 Mixed Green Salad with French Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk Veg - pasta marinara	Swedish Meatballs 11 Mashed Potatoes Fresh Broccoli Banana Slice of W.G. Bread Milk Veg - brown rice + beans	WG Chicken Tenders 12 Sliced Cucumbers Pineapple Chunks W.G. Blueberry Bread Milk Veg - vegetable rice soup	Pizza 13 Carrot + Celery Sticks Fresh Orange Milk
W.G. Chicken Patty 16 on a W.G. Burger Bun Baby Carrots Sliced Pears Doritos Milk Veg - cheese sandwich	WG Soft Beef Taco x2 17 Lettuce, Cheese, Salsa Sliced Zucchini Banana WG Tortilla Chips Milk Veg - brown rice + beans	W.G. Cheese Lasagna Roll 18 Meat Sauce and Cheese Mixed Green Salad with Creamy Italian Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk Veg - pasta marinara	Chicken Breast on a 19 W.G. Burger Bun Slice of White Cheese Cowboy Beans W.G. Pasta Salad with Vegetables Red Apple Milk Veg - vegetable patty on a w.g. bun	Pizza 20 Fresh Broccoli Pineapple Chunks Milk

Sandwich Option

Monday - Turkey + Cheddar on a W.G. Bun

Tuesday - Turkey Ham + Swiss on a W.G. Bun

Wednesday - Turkey Cold Cut Sub on a W.G. Bun

Thursday - Turkey Ham + Cheddar on a W.G. Bun

Friday - Turkey + Swiss on a W.G. Bun

*All sandwiches served With fruit & vegetable of the day.

Salad Options

Monday - Chef Salad

Tuesday - Beef Taco Salad

Wednesday - Southwest Chicken Salad

Thursday - Chicken Caesar Salad

Friday - Beef Taco Salad

* All salads served with breadstick and fruit of the day.