



# Progeny Lunch Menu

## January 2025

\*All menu items are subject to change.

**MONDAY**

**TUESDAY**

**WEDNESDAY**

**THURSDAY**

**FRIDAY**

Sandwich Option

**Monday - Turkey + Cheddar on a W.G. Bun**

**Tuesday - Turkey Ham + Swiss on a W.G. Bun**

**Wednesday - Turkey Cold Cut Sub on a W.G. Bun**

**Thursday - Turkey Ham + Cheddar on a W.G. Bun**

**Friday - Turkey + Swiss on a W.G. Bun**

Salad Options

**Monday - Chef Salad**

**Tuesday - Beef Taco Salad**

**Wednesday - Chicken Caesar Salad**

**Thursday - Chef Salad**

**Friday - Beef Taco Salad**

\*All sandwiches served With fruit & vegetable of the day.

\* All salads served with breadstick and fruit of the day.

		<b>Happy New Year!</b>		
Sloppy Joe on a W.G. Burger Bun Baby Carrots Red Apple Sun Chips Milk  Veg - vegetable patty on a w.g. bun	6          WG Soft Beef Tacos Lettuce, Cheese, Salsa Seasoned Black Beans Red Grapes W.G. Tortilla Chips Milk  Veg - bean taco	7          WG Pizza Sticks x2 Marinara Sauce Mixed Green Salad with Ranch Dressing Banana WG Bread Stick Milk  Veg - pasta marinara	8          WG Chicken Nuggets BBQ Sauce Sliced Cucumbers Pineapple Chunks W.G. Blueberry Bread Milk  Veg - vegetable rice soup	<b>Pizza</b>
W.G. Chicken Patty on a W.G. Burger Bun Baby Carrots Sliced Pears Cheese Doritos Milk  Veg - cheese sandwich	13          WG Chicken Tenders Mashed Potatoes Grape Tomato Banana Milk  Veg - brown rice + beans	14          W.G. Cheese Lasagna Roll Meat Sauce and Cheese Mixed Green Salad with Creamy Italian Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk  Veg - pasta marinara	15          Chicken Breast on a W.G. Burger Bun Slice of White Cheese Cowboy Beans W.G. Pasta Salad Red Apple Milk  Veg - vegetable patty on a w.g. bun	<b>Pizza</b>
<b>Closed</b>	W.G. Cheese Pizza Mixed Green Salad with Creamy Italian Dressing Sliced Pears W.G. Garlic Bread Stick Milk	21          WG Chicken Corn Dog Ketchup Baby Carrots Banana WG Chips Milk  Veg - brown rice + beans	24          Italian Meatballs on a W.G. Coney Bun Shredded Cheese Creamy Macaroni Salad Fresh Cucumbers Sliced Peaches Milk  Veg - italian beans on w.g. bread	<b>Pizza</b>
W.G. Chicken Tenders Baby Carrots Pineapple Chunks Cheese Doritos Milk  Veg - cheese sandwich	27          W.G. Soft Beef Taco x2 Lettuce + Cheese Seasoned Black Beans Sliced Cucumbers Fresh Orange Tortilla Chips + Salsa Milk  Veg - bean taco	28          Sloppy Joe on a WG Bun Mixed Green Salad with French Dressing Salad Topping Banana Milk  Veg - pasta marinara	29          WG Chicken Patty on a WG Bun BBQ Sauce Fresh Broccoli Red Apple WG Chips Milk  Veg - brown rice + beans	<b>Pizza</b>
30          Veg - brown rice + beans	30          Veg - brown rice + beans	30          Veg - brown rice + beans	30          Veg - brown rice + beans	<b>Pizza</b>