



Progeny Lunch Menu

February 2025

*All menu items are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sandwich Option

Monday - Turkey + Cheddar on a W.G. Bun

Tuesday - Turkey Ham + Swiss on a W.G. Bun

Wednesday - Turkey Cold Cut Sub on a W.G. Bun

Thursday - Turkey Ham + Cheddar on a W.G. Bun

Friday - Turkey + Swiss on a W.G. Bun

***All sandwiches served With fruit & vegetable of the day.**

Salad Options

Monday - Chef Salad

Tuesday - Beef Taco Salad

Wednesday - Chicken Caesar Salad

Thursday - Chef Salad

Friday - Beef Taco Salad

*** All salads served with breadstick and fruit of the day.**

MONDAY	TUESDAY	WEDNESDAY	THURSDAY	FRIDAY
Sloppy Joe on a W.G. Burger Bun Baby Carrots Red Apple Sun Chips Milk 3	WG Pizza Sticks x2 With Marinara Sauce Mixed Green Salad with French Dressing Salad Topping Red Grapes Milk 4	WG Chicken Corn Dog Ketchup Fresh Broccoli Banana Slice of W.G. Bread Milk 5	PIZZA DAY Sliced Cucumbers Pineapple Chunks Milk 6	No School
Veg - vegetable patty on a w.g. bun		Veg - brown rice + beans	Veg - vegetable rice soup	
W.G. Chicken Patty on a W.G. Burger Bun Baby Carrots Sliced Pears Cheese Doritos Milk 10	Cheese Burger on a WG Bun Ketchup Seasoned Corn Banana WG Chips Milk 11	Spaghetti with Meat Sauce Mixed Green Salad with Creamy Italian Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk 12	PIZZA DAY Fresh Broccoli Red Apple Milk 13	No School
Veg - cheese sandwich	Veg - brown rice + beans	Veg - pasta marinara		
No School	W.G. Cheese Pizza Mixed Green Salad with Creamy Italian Dressing Sliced Pears W.G. Garlic Bread Stick Milk 18	WG Cheese Quesadilla Salsa Baby Carrots Banana WG Tortilla Chips Milk 19	Italian Meatballs on a W.G. Coney Bun Shredded Cheese Creamy Macaroni Salad Fresh Cucumbers Sliced Peaches Milk 20	PIZZA DAY Fresh Broccoli Fresh Orange Milk 21
Turkey and Cheddar on a WG Bun Baby Carrots Pineapple Chunks Cheese Doritos Milk 24	Walking Beef Taco Lettuce + Cheese + Salsa Seasoned Black Beans Sliced Cucumbers Fresh Orange Tortilla Chips Milk 25	Chicken Breast on a WG Bun BBQ Sauce Mixed Green Salad with French Dressing Salad Topping Banana Milk 26	WG Chicken Tenders BBQ Sauce Mashed Potatoes Grape Tomatoes Red Apple Milk 27	PIZZA DAY Carrot + Celery Sticks Diced Pears Milk 28
Veg - cheese sandwich	Veg - bean taco	Veg - pasta marinara	Veg - brown rice + beans	