



Progeny Lunch Menu

April 2025

*All menu items are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sandwich Option

Monday - Turkey + Cheddar on a W.G. Bun

Tuesday - Turkey Ham + Swiss on a W.G. Bun

Wednesday - Turkey Cold Cut Sub on a W.G. Bun

Thursday - Chicken Breast + Cheddar on a W.G. Bun

Friday - Turkey + Swiss on a W.G. Bun

***All sandwiches served With fruit & vegetable of the day.**

Salad Options

Monday - Chef Salad

Tuesday - Beef Taco Salad

Wednesday - Chicken Caesar Salad

Thursday - Chef Salad

Friday - Beef Taco Salad

*** All salads served with breadstick and fruit of the day.**

W.G. Chicken Patty on a W.G. Burger Bun Slice of American Cheese Baby Carrots Sliced Pears Cheese Sun Chips Milk Veg - cheese sandwich	7	Cheese Burger on a WG Bun Ketchup Seasoned Corn Banana Milk Veg - brown rice + beans	8	W.G. Cheese Lasagna Roll 9 Meat Sauce and Cheese Mixed Green Salad with Creamy Italian Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk Veg - pasta marinara	9	Chicken Breast on a W.G. Burger Bun Slice of White Cheese Cowboy Beans Macaroni Salad Red Apple Milk Veg - vegetable patty on a w.g. bun	10	Fresh Broccoli Pineapple Chunks Milk	11
W.G. Chicken Nuggets BBQ Sauce Carrot + Celery Sticks Red Apple Sun Chips Milk Veg - cheese sandwich	14	W.G. Cheese Pizza Mixed Green Salad with French Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk Veg - cheese sandwich	15	Spaghetti in Meatsauce Mixed Green Salad with Ranch Dressing Banana Slice of W.G. Bread Milk Veg - brown rice + beans	16	Italian Meatballs on a W.G. Coney Bun Shredded Cheese Italian Pasta Salad Sliced Cucumbers Fresh Pear Milk Veg - italian beans on w.g. bread	17	Fresh Broccoli Fresh Orange Milk	18
		W.G. Chicken Corn Dog Ketchup Sliced Cucumbers Banana Tortilla Chips Milk Veg - veg patty	22	Chicken in a Rosa Sauce W.G. Penne Pasta Mixed Green Salad with Creamy Italian Dressing Salad Topping Red Grapes W.G. Garlic Bread Stick Milk Veg - pasta marinara	23	WG Pizza Sticks x2 Mixed Green Salad with Ranch Dressing Red Apple WG Garlic Bread Stick Milk	24	Fresh Broccoli Sliced Peaches Milk	25
W.G. Chicken Tenders Carrot + Celery Sticks Macaroni Salad Red Apple Milk Veg - cheese sandwich	28	Sloppy Joe on a WG Bun Sliced Cucumbers Pineapple Chunks Tortilla Chips Milk Veg - spanish rice + beans	29	Cheese Burger on a W.G. Burger Bun Ketchup Carrot + Celery Sticks Banana Sun Chips Milk Veg - vegetable patty on a w.g. bun	30				