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Progeny Lunch Menu

April 2026

*All menu items are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sandwich Option

Monday - Turkey + Cheddar on a W.G. Bun

Tuesday - Turkey Ham + Swiss on a W.G. Bun

Wednesday - Turkey Cold Cut Sub on a W.G. Bun

Thursday - Roast Beef + Cheddar on a W.G. Bun

Friday - Turkey + Swiss on a W.G. Bun

***All sandwiches served With fruit & vegetable of the day.**

Salad Options

Monday - Chef Salad

Tuesday - Beef Taco Salad

Wednesday - Chicken Garden Salad

Thursday - Chicken Caesar Salad

Friday - Beef Taco Salad

*** All salads served with breadstick and fr**

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| | Meatloaf Baked in a Tomato Beef Gravy Mashed Potatoes Grape Tomatoes Diced Pears Slice of W.G. Bread Milk Veg - brown rice + beans | 7 | W.G. Lasagna Roll with Meat Sauce and Cheese Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana W.G. Garlic Bread Stick Milk Veg - w.g. pasta marinara | 8 | Chicken Breast on a W.G. Burger Bun Slice of White Cheese Cowboy Beans Creamy Macaroni Salad Diced Peaches Milk Veg - vegetable patty on a w.g. bun | 9 | Sliced Cucumbers Fresh Orange Milk | |
| W.G. Chicken Nuggets Carrots + Celery Sticks Red Apple Sun Chips Milk Veg - cheese sandwich | 13 | Cheese Burger on a WG Bun Ketchup Mixed Green Salad with French Dressing Salad Topping Diced Pears Tortilla Chips Milk | 14 | Sliced Chicken in a Chicken Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk Veg - brown rice + beans | 15 | Italian Meatballs on a W.G. Coney Bun Shredded Cheese Penne Pasta Salad Sliced Cucumbers Diced Peaches Milk Veg - italian beans on w.g. bread | 16 | Fresh Broccoli Fresh Orange Cheese Doritos Milk |
| WG Spaghetti with Meat Sauce Baby Carrots Pineapple Tidbits WG Garlic Bread Stick Milk Veg-veg patty | 20 | W.G. Soft Beef Taco x2 Lettuce + Cheese Seasoned Black Beans Fresh Cauliflower Banana Tortilla Chips + Salsa Milk | 21 | W.G. Cheese Pizza Mixed Green Salad with Creamy Italian Dressing Salad Topping Diced Pears W.G. Garlic Bread Stick Milk Veg - w.g. pasta marinara | 22 | Swedish Meatballs Mashed Potatoes Grape Tomatoes Fresh Orange Slice of W.G. Bread Milk Veg - cheese sandwich | 23 | Fresh Broccoli Diced Peaches Milk |
| W.G. Chicken Tenders BBQ Sauce Carrot + Celery Sticks Red Apple Cheese Doritos Milk Veg - cheese sandwich | 27 | W.G. Pasta and Cheese with Sliced Chicken Mixed Green Salad with French Dressing Salad Topping Diced Pears W.G. Garlic Bread Stick Milk Veg - w.g. pasta marinara | 28 | Beef Hot Dog on a WG Coney Bun Ketchup Seasoned Potatoes Banana Milk Veg - brown rice with cheese | 29 | W.G. Chicken Patty on a W.G. Bun Slice of White Cheese Creamy Macaroni Salad Fresh Cucumbers Diced Peaches Milk Veg - vegetable patty on a w.g. bun | 30 | |