



This institution is an equal opportunity employer.

Progeny Lunch Menu

May 2026

*All menu items are subject to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sandwich Option

Monday - Turkey + Cheddar on a W.G. Bun

Tuesday - Turkey Ham + Swiss on a W.G. Bun

Wednesday - Turkey Cold Cut Sub on a W.G. Bun

Thursday - Roast Beef + Cheddar on a W.G. Bun

Friday - Turkey + Swiss on a W.G. Bun

***All sandwiches served With fruit & vegetable of the day.**

Salad Options

Monday - Chef Salad

Tuesday - Beef Taco Salad

Wednesday - Chicken Garden Salad

Thursday - Chicken Caesar Salad

Friday - Beef Taco Salad

*** All salads served with breadstick and fruit of the day.**

				Fresh Broccoli Diced Peaches Milk				
Sloppy Joe on a W.G. Burger Bun Baby Carrots Red Apple Cheese Doritos Milk	4	Cheese Burger on a WG Bun Ketchup Seasoned Potatoes Grape Tomatoes Diced Pears Milk	5	W.G. Lasagna Roll with Meat Sauce and Cheese Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana W.G. Garlic Bread Stick Milk	6	Chicken Breast on a W.G. Burger Bun Slice of White Cheese Cowboy Beans Creamy Macaroni Salad Diced Peaches Milk	7	Sliced Cucumbers Fresh Orange Milk
Veg - cheese sandwich		Veg - brown rice + beans		Veg - w.g. pasta marinara		Veg - vegetable patty on a w.g. bun		
W.G. Chicken Nuggets Carrots + Celery Sticks Green Beans Red Apple Sun Chips Milk	11	Beef Hot Dog on a WG Coney Bun Ketchup Mixed Green Salad with French Dressing Diced Pears Tortilla Chips Milk	12	Sliced Chicken in a Chicken Gravy Mashed Potatoes Grape Tomatoes Banana Slice of W.G. Bread Milk	13	Italian Meatballs on a W.G. Coney Bun Shredded Cheese Penne Pasta Salad Sliced Cucumbers Diced Peaches Milk	14	No School
Veg - cheese sandwich		Veg-veg patty		Veg - brown rice + beans		Veg - italian beans on w.g. bread		
WG Chicken Patty on a W.G. Burger Bun Baby Carrots Pineapple Tidbits Sun Chips Milk	18	W.G. Soft Beef Taco x2 Lettuce + Cheese Seasoned Black Beans Fresh Cauliflower Banana Tortilla Chips + Salsa Milk	19	W.G. Cheese Pizza Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana W.G. Garlic Bread Stick Milk	20	Swedish Meatballs Mashed Potatoes Grape Tomatoes Fresh Orange Slice of W.G. Bread Milk	21	Sliced Cucumbers Diced Peaches Milk
Veg - vegetable patty on a w.g. bun		Veg - bean taco		Veg - w.g. pasta marinara		Veg - cheese sandwich		
MEMORIAL DAY!!	25	W.G. Chicken Tenders Carrots + Celery Sticks Red Apple Cheese Sun Chips Milk	26	WG Spaghetti in Meat Sauce Mixed Green Salad with Ranch Dressing Banana Slice of W.G. Bread Milk	27	Sliced Chicken Alfredo with W.G. Penne Pasta Mixed Green Salad with French Dressing Salad Topping Diced Peaches W.G. Garlic Bread Stick Milk	28	Fresh Broccoli Fresh Orange Milk
		Veg - cheese sandwich		Veg - brown rice with cheese		Veg - w.g. pasta marinara		