



Progeny Lunch Menu

November 2026

*All menu items are subject
 to change.

MONDAY

TUESDAY

WEDNESDAY

THURSDAY

FRIDAY

Sandwich Option

**Monday - Turkey + Cheddar on
 a W.G. Bun**

**Tuesday - Turkey Ham + Swiss
 on a W.G. Bun**

**Wednesday - Turkey Cold Cut
 Sub on a W.G. Bun**

**Thursday - Buffalo Chicken
 Wrap**

**Friday - Turkey + Swiss on a
 W.G. Bun**

***All sandwiches served
 With fruit & vegetable of
 the day.**

Salad Options

Monday - Chef Salad

Tuesday - Beef Taco Salad

**Wednesday - Southwest Chicken
 Salad**

**Thursday - Chicken Caesar
 Salad**

Friday - Beef Taco Salad

*** All salads served with
 breadstick and fruit of the
 day.**

Beef Hot Dog on a W.G. Coney Bun Baby Carrots Pineapple Tidbits Cheese Sun Chips Milk Veg - vegetable patty on a w.g. bun	2	WG Beef Taco x2 Lettuce, Cheese Seasoned Corn Tomatoes WG Tortilla Chips, Salsa Milk Veg - brown rice + beans	3	Spaghetti with Meatsauce Mixed Green Salad with French Dressing Salad Topping Red Apple W.G. Garlic Bread Stick Milk Veg - w.g. pasta marinara	4	WG Chicken Tenders Sliced Cucumbers Red Grapes W.G. Blueberry Bread Milk Veg - vegetable rice soup	5	Domino's Pizza Fresh Broccoli Orange Milk	6
W.G. Chicken Nuggets Carrot + Celery Sticks Red Apple Doritos Milk	9	BBQ Meatballs Garlic Mashed Potatoes Grape Tomatoes Pineapple Tidbits Slice of W.G. Bread Milk	10	W.G. Lasagna Rolls with Italian Meat Sauce Mixed Green Salad with Creamy Italian Dressing Salad Topping Banana W.G. Garlic Bread Stick Milk	11	Chicken Breast on a W.G. Burger Bun Slice of White Cheese Cowboy Beans Creamy Pasta Salad Diced Peaches Milk Veg - vegetable patty on a w.g. bun	12	Domino's Pizza Sliced Cucumbers Red Grapes M	13
Sloppy Joe on a W.G. Burger Bun Baby Carrots Red Apple Sun Chips Milk	16	W.G. Cheese Sticks x2 Marinara Sauce Mixed Green Salad with French Dressing Diced Pears Milk	17	Cheese Burger on a WG Bun Seasoned Potatoes Tomatoes Banana Banana WG Chips Milk	18	Italian Meatballs on a W.G. Coney Bun Shredded Cheese Sliced Cucumbers Italian Pasta Salad Diced Peaches Milk Veg - italian beans on w.g. bread	19	Domino's Pizza Sliced Cucumbers Fresh Orange Milk	20
W.G. Chicken Patty on a W.G. Burger Bun Carrot + Celery Sticks Pineapple Tidbits Cheese Sun Chips Milk Veg - vegetable patty on a w.g. bun	23	Domino's Pizza Fresh Broccoli Banana Milk	24	Closed	25	Happy Thanksgiving	26	Closed	27
W.G. Chicken Tenders Baby Carrot Red Apple Doritos Milk Veg - cheese sandwich	30								